Solfeggio Tones Frequencies
The secret of the ancients
restored to us in modern times

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The Solfeggio scale commonly used in sound healing, is a set of 6 frequencies. Originally part of an ancient musical scale used in ancient Gregorian chants. The term solfeggio refers to the practice of assigning a syllable to the notes of a musical scale. According to some, this scale comes from a medieval hymn to St. John the Baptist. The first 6 lines of the hymn started on the successive notes of the scale, as follows:
UT 396 Hz Liberating Guilt and Fear
RE 417 Hz Undoing Situations and Facilitating Change
MI 528 Hz Transformation and Miracles.
FA 639 Hz Connecting and Relationships.
SOL 741 Hz Expression/Solutions.
LA 852 Hz Awakening Intuition.

If you add up the digits of the individual frequencies, they add up to either 3, 6 or 9.
A number of scientists have written about the significance of 3, 6 and 9 and their relationship to the physical properties of the universe. Sound waves that are closer together have a higher frequency and therefore these sound waves move faster than lower frequencies. Frequency of a sound wave is measured in a unit called “hertz”. How is this different from our current musical scale? The ancient solfeggio frequencies are not the same frequencies found in our current musical scale. For example, the solfeggio tone Mi vibrates at 528 hz. The closest note you can find on a piano is the “C” above middle C which vibrates at 512 hz.

These Solfeggio Tones, are accredited with healing electro-magnetic frequencies. These particular frequencies have since been rediscovered by many authors and researchers, claiming new knowledge from ancient sources.

The origin of these Solfeggio tones, appear in a Medieval hymn to “John the Baptist”, in Latin, from the syllables sung during the 14th century. the first six lines of the music began on the first six notes of the scale, and the first syllable of each line was sung to a note one degree higher than the first syllable of the line that preceded it. By degrees these syllables became associated and identified with their respective notes and as each syllable ended in a vowel, they were found to be particularly adapted for vocal use.
"The Sound of Music."

We’ve all heard of Do, Re, Me, Fa, So, La, Ti, Do. that was song by Julie Andrews from "The Sound of Music." This is actually a second, modified scale. The original Solfeggio scale.

The six original Solfeggio frequencies seem to be related to the numbers 3, 6, and 9. John Keely, an expert in electromagnetic technologies, wrote that the vibrations of "thirds, sixths, and ninths, are extraordinarily powerful." In fact, he proved the "vibratory antagonistic thirds was thousands of times more forceful in separating hydrogen from oxygen in water than heat." In his "Formula of Aqueous Disintegration" he wrote that, "molecular dissociation or disintegration of both simple and compound elements, whether gaseous or solid, a stream of vibratory antagonistic thirds, sixths, or ninths, on their chord mass will compel progressive subdivisions. In the disintegration of water the instrument is set on thirds, sixths, and ninths, to get the best effects."

If you only knew the magnificence of the 3, 6 and 9, then you would have a key to the universe -Nikola Tesla.

"Ut" was artificially replaced by "Do." Guido of Arezzo was the first to adopt them in the 11th century, and Le Marie, a French musician of the 17th century added "Si" for the seventh note of the scale, in order to complete the series." Further research found that, "Pope Johannes who later became saint Iohannes, changed the scale again. The seventh note "Si" was added from his name. "Si" later became "Ti." These changes significantly altered the frequencies sung by the masses. The alterations also weakened the spiritual impact of the Church’s hymns. Because the music held mathematic resonance frequencies capable of spiritually inspiring mankind to be more "Godlike," the changes created a further distancing of humanity from God." In other words, whenever you sing a Psalm, it is music to the ears. But it was originally intended to be music for the soul. So by changing the notes, the higher aspect is lost and like everything else, became corrupted and a controlled plaything of man.

- **UT – 396 Hz**

**Liberating Guilt and Fear:**

Tone Ut can be used as means for realization of goals as it will give power or energy to the goal. This healing sound frequency has beneficial effects in relation to feelings of guilt. This frequency cleanses the feeling of guilt, which often represents one of the basic obstacles to realization, and enables achievement of goals. Ut releases you from the feeling of guilt and fear by bringing down the defense mechanisms. This solfeggio frequency can also be used as a means of grounding, awakening, sobering and returning to reality.

- **RE – 417 Hz**

**Undoing Situations and Facilitating Change**

The next tone is connected with resonating or empathy. Re can “change” a person’s “alienation from God” and return to the “right path”. It cleanses traumatic experiences and clears destructive influences of past events. It can be used for removing limiting impressions which disables the person to achieve their life goals. Re encourages the cells and its DNA to function in an optimal way by energizes your body to use their creative potentials.
MI – 528 Hz

Transformation and Miracles (DNA Repair)

Tone Mi is used to return human DNA to its original, near-perfect state by communicating the wanted effect and with the energy support from the this frequency. Process of DNA being repaired is followed by beneficial effects; increased amount of life energy, clarity of mind, awareness, awakened or activated creativity, ecstatic states like deep inner peace, dance and celebration. Tone Mi also opens the person for deep spiritual experiences and spiritual enlightenment.

FA – 639 Hz

Connecting/Relationships

This frequency assists in relationships, enables the creation of a harmonious community and harmonious interpersonal relationships. Tone Fa can be used for dealing with relationships problems; those in family, between partners, friends or social problems. When talking about cellular processes, tone Fa can be used to encourage the cell to communicate with its environment. This ancient solfeggio frequency enhances communication, understanding, tolerance and love. 639 Hz frequency can also be used for communication with parallel worlds or spiritual worlds.

SOL – 741 Hz

Awakening Intuition

Another tone from the Solfeggio Scale is Sol. It cleans the cell (“Solve polluti”) from the toxins. Frequent use of 741 Hz leads to a healthier, simpler life, and also if you improve your diet by eating foods that are not poisoned by various kinds of toxins. Tone Sol also cleans the cell from different kinds of electromagnetic radiations and polutions. Another important application of this sound frequency is cleansing infections – viral, bacterial, and fungal. This tone leads you to a purer, stable and spiritual life.

LA – 852 Hz

Returning to Spiritual Order

Tone La is directly connected to the principle of Light, and Light is a higher form of biological energy. This frequency can be used as a means for opening a person up for communication with the all-embracing Spirit. Tone La raises awareness and opens the person up to spiritual experiences. Regarding cellular processes; this frequency enables the cell to transform itself by taking on a higher frequency.
Three additional frequencies:

- **963 Hz**

  This tone awakens any system to its original, perfect state. It is connected with the Light and all-embracing Spirit, and enables direct experience, the return to Oneness. This frequency re-connects you with the Spirit, or the non-vibrational energies of the spiritual world. It will enable you to experience Oneness – our true nature.

- **174 Hz**

  The lowest of the tones appears to be a natural anesthetic. It tends to remove pain physically and energetically. **174 Hz** frequency gives your organs a sense of security, safety and love, motivating them to do their best.

- **285 Hz**

  This tone is useful when treating wounds, cuts, burns or any other form of damaged tissue. This frequency helps returning tissue into its original form. It influences energy fields sending them messages to restructure damaged organs. Evolution of the Gregorian Musical "Solfeggio" (Scale) form Initially Six (6) Notes

<table>
<thead>
<tr>
<th>The Original Solfeggio</th>
<th>The Earlier Modified Solfeggio</th>
<th>Description</th>
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<tbody>
<tr>
<td>1. Ut - queant laxis</td>
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<td>Liberating Guilt and Fear</td>
</tr>
<tr>
<td>2. Re - sonare fibris</td>
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<td>Undoing Situations and Facilitating Change</td>
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<tr>
<td>3. Mi - ra gestorum</td>
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<td>Transformation and Miracles (DNA Repair)</td>
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<td>5. Sol - ve polluti</td>
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<td>6. La -0 biireatum</td>
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<td>Awakening Intuition</td>
</tr>
<tr>
<td></td>
<td>7. Si - Sancto Johannes</td>
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The third note, frequency 528, relates to the note Mi on the scale and derives from the phrase "Mi-ra gestorum" in Latin meaning "miracle." Stunningly, this is the exact frequency used by genetic biochemists to repair broken DNA – the genetic blueprint upon which life is based!
Definitions of Tones in the Latin Solfeggio Including "Hidden Entries" From Webster's Dictionary

**UT-quent laxis** (quent: needing), (laxis: loose;) or axis-an affiliation of two or more nations.

1. a syllable used for the first note in the diatonic scale and later replaced by “do”. The syllable sung to this note in a medieval hymn to St. John the Baptist. -Gamut-. 

2. The entire scale or range; *the Gamut of dramatic emotion from grief to joy.*

3. **The whole series of recognized musical notes;** late Middle English (Medieval Latin)- contraction, of Gamma, used to represent the first lowest tone of (G) in the Medieval Scale Ut, Re, Mi, Fa, So, La, Si. <Gk - Gamma-

4. In the Roman rite, the hymn is sung in the Divine Office on June 24, the Feast of the Nativity of John the Baptist. The full hymn is divided into three parts, with *Ut queant laxis* sung at Vespers, *Antra deserti* sung at Matins, *O nimis felix* sung at Lauds, and doxologies added after the first two parts.
**RE- sonare fibris (Res-o-nance)**

A resonant vibration of large amplitude in a mechanical or electrical system caused by a relatively small stimulus of the same or nearly the same natural vibration. Amplified speech sounds, by sympathetic vibration transferred through the air. Created in the cavities of the mouth, nose and pharynx. A characteristic quality of a particular voice or speech sound, imparted by the cavities of the head, chest, and throat. A larger than normal vibration produced in response to a stimulus whose frequency is close to the natural frequency of the vibrating system, as an electrical circuit, in which a value much larger than average is maintained for a given frequency. A poem has a resonance beyond its surface meaning. The chemical phenomenon in which the arrangements of the valence electrons of a molecule changes back and forth between two or more states. (in percussing for diagnostic purposes) a sound produced when air is present. Action in answer to or intended to undo a situation, or that performance of the new action brings back an earlier state of affairs. (fbris: fibre string, vocal cord.)

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**MI- ra gestorum (Miracle)**

An extraordinary occurrence that surpasses all known human powers or natural forces and is ascribed to a divine or supernatural cause esp. to God. 2. a superb or surpassing example of something; wonder, marvel, ME Miraculum=Mira(Ri) to wonder at. (French): sighting, aiming to hold against the light. (gestorum: gesture; movements to express thought, emotion, any action, communication, etc. intended for effect.)

**FA- muli tuorum (Famuls.)**

... plural Famuli, A servant/s, or attendant/s. A scholar or a magician (Latin), servant, of family. (Tourum - quorum - The number of members of a group required to be present to transact business or carry out an activity legally. A particularly chosen group.

**SO- lve polluti (So-lve')**

To find the answer or explanation for; clear-up; explain; to solve a mystery or puzzle, to work out the answer or solution to (a mathematical problem.) Solvere to loosen, release dissolve.

**LA- bii reatum (Labi-al)**

Of pertaining to or resembling a Labium, of pertaining to the lips, (of a speech sound) articulated using one of both lips. Reatum - reaction - a reverse movement or tendency; an action in a reverse direction or manner. A desire to return to an earlier system or order. Action in response to some influence, event etc.
SI (Sancte Johannes)

A person of exceptional holiness, formally recognized by the Christian Church by Canonization. A person of great virtue or benevolence. A member of any various Christian groups. To acknowledge as a Saint. An ecclesiastical rule or law enacted by a council or other competent authority and, in the Roman Catholic Church, approved by the Pope to be canonized.
Any one who dares to undertake to establish a new scientific modality of healing, will inevitably draw upon themselves ridicule and opposition. All former opinions and exponents of the status quo, as established as the firm foundation of modern science as we know it today, will band together to dishonor the invention in any way they can. They will misrepresent the truth, and attempt to teardown through deception and accusations all that is good. These hypocrites of mediocrity with narrow minds can never stop the advance of truth, but they will attempt to sway as many fools as they can to their false cause. Colin T Paddon

The basic Solfeggio frequencies totaled six (6). Dr. Leonard G. Horowitz continued his research through the years and extended it to 9 frequencies. Most everyone is familiar with the Star of David which uses two triangles (inverted to each other) inscribed within a circle. If one uses the same approach for three triangles overlapping (no inversions) and space them approximately 40 degrees apart around a circle, some amazing relationships appear. Orient the circle with one triangle apex at North or zero degrees. Label that 396. At the next clockwise point label 417, the next 528, the next 639, the next 741 and the last 852. You now have the basic six Solfeggio frequencies.

The numbers we have so far added to our circle of numbers have a pattern to them: Any number connected by a line, for example 396 and 639, if you take the smaller number and move the last digit to the first position, you have created the line-linked number. [move the 6 of 396 to the front and you have 639] Likewise 417 by moving the 7 creates 741, both numbers are line linked. And 528 by moving the 8 creates 852 both numbers line linked.

As created so far, we have 3 missing numbers, but they can easily be created by applying this moving of digits positions. Take the triangle that has 396 and 639. If we take the 9 and move it to the first position we have 963, which is one of the extended Solfeggio frequencies! Thusly we can now continue the circle one more position by adding 963. Applying this same logic to the 417 and 741 triangle to fill in the missing number we move the 1 to the first position to develop 174 which is another extended Solfeggio number. Continuing clockwise add 174 to the number sequence. And the 528 and 852 triangle if we move the 2 to the first position we have 285, the final missing extended Solfeggio number. So elegantly simple.

Take a piece of paper and lightly grid it off for a large "tic-tac-toe" game. Across the top place the smallest number in the upper left corner; continue horizontally with the line-linked (triangle) numbers 417, 741. In the middle line, left position place the second in clockwise numbering (285), continue horizontally with its line-linked numbers 528, 852. The last horizontal line starts 396 and continues 639, 963. Now for some surprises. Compute the difference between all the vertical row numbers; they are all 111. Compute the differences between the horizontal row numbers; left row and center row all = 243 and center row to right row differences are all 324. And here we go again with the move the last digit to the first position move the 3 of 243 to the front and we have 324.